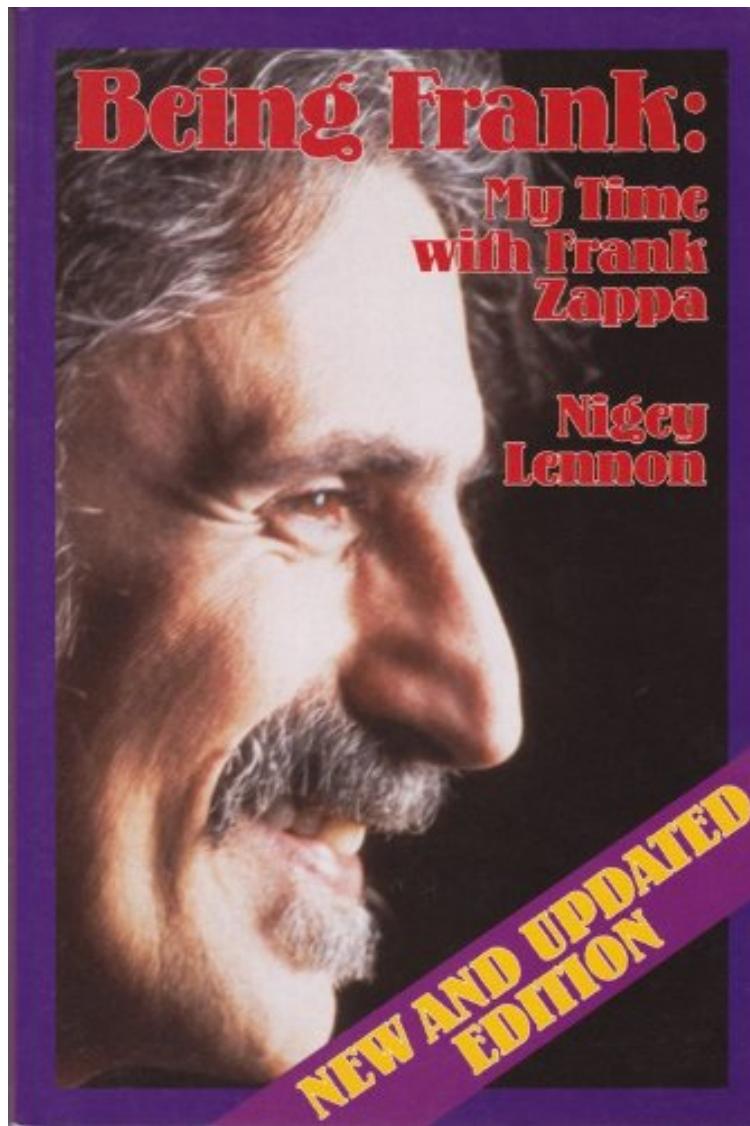


(Download pdf) Being Frank: My Time With Frank Zappa

Being Frank: My Time With Frank Zappa

Nigey Lennon
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Nigey Lennon : Being Frank: My Time With Frank Zappa before purchasing it in order to gage whether or not it would be worth my time, and all praised Being Frank: My Time With Frank Zappa:

0 of 0 people found the following review helpful. Great story, difficult to read. By DaveIt is an interesting story well worth reading for a devoted Zappa fan. (I am). The quality of the writing is way below average. I felt I was reading a first draft, something that would be submitted to an editor who could and would clean up the sentence structure, grammar and punctuation. I worked way too hard to get through the choppy writing. 0 of 3 people found the following review helpful. Love it love it love it love it love it ...By N. VerbicLove it love it !....REALLY !7 of 9 people found the following review helpful. One person's time with

ZappaBy Paul LappenLennon was your average rebellious teenager in 1960s California, until she discovered a strange looking album by someone named Frank Zappa at the local record store. She bought everything she could find by him, and wore out the albums due to playing them over and over. A budding songwriter, she and her boyfriend recorded several songs on reel-to-reel tape and sent them to Zappa.Months went by, until the phone call came asking if they could stop by at the offices of Zappa's record label. That would be enough for most people, but to realize that Zappa actually listened to the tape was overwhelming. His general opinion was that she didn't stink, but that she wasn't ready yet. On thing led to another, and a trip to the Zappa residence led to an invitation to be a substitute guitarist on his next tour.On tour, Zappa rarely, if ever, indulged in the alcohol and drugs that are part of any tour, if only to keep that boss/employee distance. He was obsessive/compulsive and a perfectionist who, because of constant stomach problems, drank a gallon. Lennon's time on the tour was rather short, only a couple of months. Zappa sent her home after word got to Mrs. Zappa that their relationship wasn't exactly platonic.Time went by, and after Lennon got thrown out of the house (the relationship with her parents was not good), she was able to crash in the basement of the Zappa residence, on the understanding that she not disturb him while he was composing. He had been seriously injured at a concert in England, and, physically and emotionally, things had changed. The arrangement lasted for a while, until Zappa went back on tour.More time went by, and Lennon attempted to continue her music studies at a local college. She again ran into Zappa while he was rehearsing a grand, orchestral piece called The Great Wazoo. She tried to be as helpful as possible, while also learning as much as possible. Zappa seemed to tolerate her, more than he actually wanted her around. The relationship between them ends badly.Zappa fans should read this book. He is shown to be a lot more than just someone with strange ideas about music. For rock music fans in general, this is a gem of a book.

Since his untimely death from prostate cancer in 1993, the legend of iconoclastic musician Frank Zappa has continued to grow. The years following his passing have seen the publication of numerous books, both sacred and profane, which examine his life and work, but the best, and only, up-close-and-personal account of the man and his music remains the original: Nigey Lennon's *Being Frank: My Time with Frank Zappa*. Musician/author Lennon maintained a personal and professional relationship with Zappa during the period which is generally agreed to have been the composer's most creative, and she invests her recollections with considerable musical and emotional insight. The fact that Lennon is an accomplished musician and composer in her own right enables her to perceptively analyze Zappa's complex music, and her previous experience as a biographer of Mark Twain and Alfred Jarry is evident as she examines the complex conditions of Zappa's turbulent life. But above all, *Being Frank* is simply a great read: filled with wry humor, poignancy, and, of course, a plethora of the juicy road stories that Zappa himself didn't dare to include in his own autobiography. The e-book edition of *Being Frank* is certain to find a new audience for this classic title, which has been in great demand since its third print run sold out several years ago. "Irreplaceable...is the word to describe *Being Frank*...[Lennon's] memoir is both spiky and musically literate...Lennon's previous books were on Mark Twain and Alfred Jarry, which indicates the kind of cultural perspective required to get a grip on Zappa: something brighter than rock-journo pedantry." —Ben Watson, author of *Frank Zappa: The Negative Dialectics of Poodle Play*

From BooklistDuring Frank Zappa's lengthy, provocative career, surprisingly few books were written about him. Since his death, however, a small torrent of material has appeared. Guitarist-songwriter Lennon's personal memoir offers what might be called the private side of Zappa. Curiously revealing yet prim (e.g., she vends plenty of sex but no explicit, hydraulic descriptions; she uses blanks instead of some names), Lennon describes (all in the first four chapters) playing guitar with Zappa, being seduced by him, and sharing accommodations with him on the 200 Motels tour. Her revelation that Zappa was not the dedicated family man he was sometimes cracked up to be is hardly surprising; rather, what surprises is that it took this long for a tell-all, between-the-sheets bio of him to appear. What surprises somewhat more is that Lennon also provides genuine insight into the composition, crafting, and execution of Zappa's intricate music. Mike Tribby Rare Frank Zappa photos compliment an expose on the rock artist's life, written by a musician who knew Zappa personally and professionally. Enjoy a first-person biography/autobiography which presents Zappa's character and performances like no other. -- Midwest Book