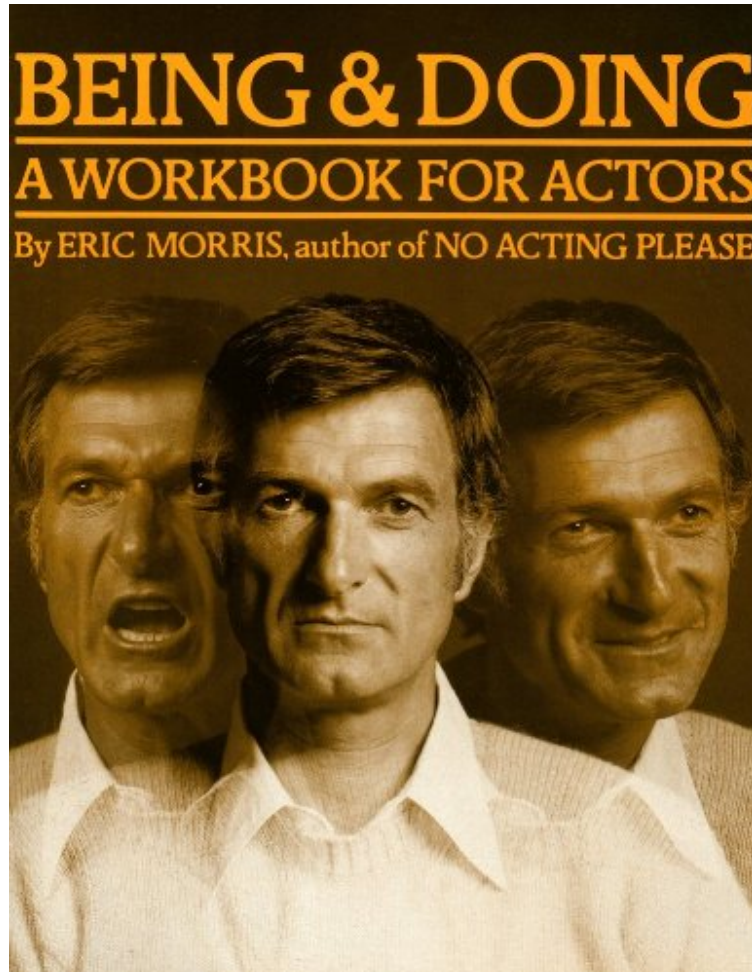


Being Doing

Eric Morris

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Eric Morris : Being Doing before purchasing it in order to gauge whether or not it would be worth my time, and all praised Being Doing:

1 of 1 people found the following review helpful. Essential ReadingBy ThundacattWhether you are a novice or a professional, this book is a must read for anyone who dreams of or claims to be an actor. I've been in the business for over 15 years, I have a MFA in Acting and a BA in theatre arts. Eric's approach and techniques are the missing link to all your training. Read them, they will change your life and your work.0 of 0 people found the following review helpful. The cover was a not in the best of shapeBy Jose L. SanchezWorkbook had lots of writing and color highlights on it, The cover was a not in the best of shape. But the price was GOOD. I did buy it used,0 of 0 people found the following review helpful. Happy CustomerBy Kimberly R FalboQuick transaction. Product exceeded expectations.

Being Doing is a unique book in that an actor can open it to any page and practice the exercises suggested on that page. As a workbook it can be used daily to explore the various techniques that every actor should become familiar

with and ultimately apply to his work. The book is divided into three sections: the Instrument, which explores exercises and techniques designed to eliminate blocks and obstacles, thus freeing the actor; the Craft, which is a practical approach to fulfilling material; and the Business, which informs the actor about his role in the working arena. The book also contains many blank pages for the actor to make notes on.

"If you want to be still and full, Eric teaches the stuff." -- Jack Nicholson
"When I read No Acting Please, it put it all together for me." -- Johnny Depp
About the Author
Eric Morris is one of the most controversial and exciting acting coaches in the history of American theater. With his unique approach to acting from a BEING place, he is revolutionizing the concept of performance. Eric Morris began his involvement in theater at Northwestern University, where he graduated with a degree in Dramatic Arts. His acting career of over one hundred Equity plays, twenty major motion pictures, fifty network television episodes, and running roles on two syndicated TV series led him on a search for new and workable acting techniques. His inherent passion for truth has resulted in the development of a process of work that is very specific in exploring the origins of individual talent and that encourages each actor's unique statement. Eric Morris lives and teaches in Los Angeles but also travels regularly to New York and other cities around the country to conduct workshops. He has founded the American New Theater, a company of bi-coastal actors who have a common approach to acting and a common goal of carrying that approach into theater and film.