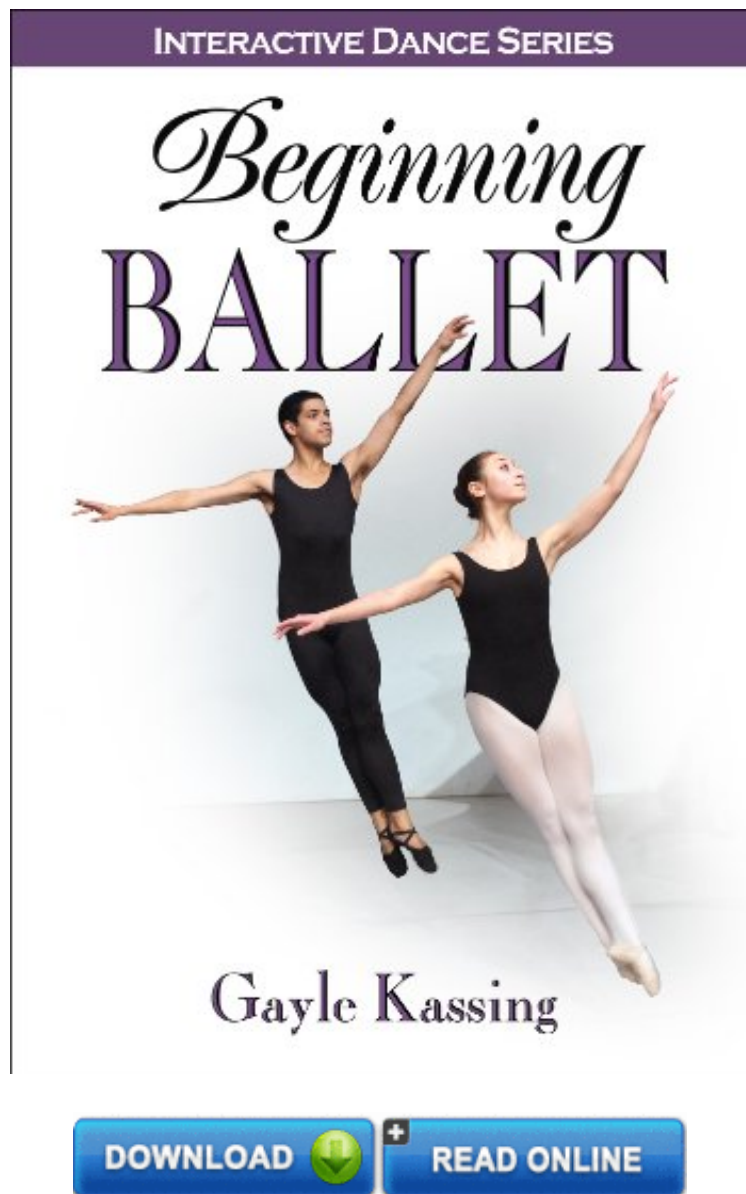


Beginning Ballet (Interactive Dance Series)

Gayle Kassing

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Gayle Kassing : Beginning Ballet (Interactive Dance Series) before purchasing it in order to gauge whether or not it would be worth my time, and all praised Beginning Ballet (Interactive Dance Series):

3 of 3 people found the following review helpful. Expensive Ballet Book with Limited Information By Mary TMy husband bought this book and wrote the following review. I am an adult beginner ballet student and am looking for a good, solid reference book. I thought Beginning Ballet would help me. I'm sorry to say this book and its web resources are disappointing. I was expecting better, more thorough information from an author who has a long career teaching ballet and has written extensively on the subject. The book itself was on par with many other instructional ballet books, though there are other better and less expensive options. I was truly disappointed in the web resources. The videos were limited and of average quality. They didn't always show proper form or show what you shouldn't do.

Some of the web references were simply still photos and links to personal blog sites. I've found more informative ballet instruction on YouTube than what is presented in this book from an educational resource and subject matter expert. You can buy the book without the web resources option. However, in my opinion, don't waste your money and shop around for better books and better videos on YouTube. If you're not sure about a resource, check with a local ballet studio or contact a professional ballet theatre or company. 4 of 4 people found the following review helpful. Not a good value. Too general. By Mr. Chris For the money (mid thirties), I'd expect more content. There are web resources available, but I wanted to buy an all-inclusive book, not a program where the book plays 60-70% of total content.- If their website ever gets reorganized or they ever go out of business, you'll lose that part of the package.- If you buy used, you'll have to shell out about half the price of the new book alone to get the web resources.- If you're reading this while travelling or waiting outside of class, you won't have a computer (or will want to bother getting one out) to look at the extra stuff. Basically, the book is not great enough to stand on its own. You can do searches to find video examples elsewhere, but at that point, why do you need the book? You might as well search for the other information you'd expect to get out of this from dance blogs and wiki sites. I also found the content (again, for the price) to be too abridged and general, but it is a *beginning* ballet book.

Beginning Ballet introduces students to ballet through participation and appreciation as an academic study. This resource details etiquette, class expectations, health, and injury prevention and explores ballet's history, major artists, styles, and aesthetics. Photos and descriptions in the text help students learn and practice beginning ballet.

What is most welcome about Beginning Ballet is the multidisciplinary representation—dance medicine and science, dance education, and dance history. This, combined with the preparation-for-class information (foot care, dance gear, selecting and fitting shoes, mental preparation) and technique instruction (positions of the arms and feet, barre and center combinations, center barre, port de bras, adagio and allegro), makes it a valuable text for students. Gigi Berardi-- Midwest Book About the Author Gayle Kassing, PhD, taught beginning ballet through advanced ballet for more than 25 years at four universities. Kassing earned a BFA in ballet and theater, an MS in modern dance, a PhD in dance and related arts, and an MAT in K-12 curriculum integrated with technology. She was the 2010 National Dance Association (NDA) Artist Scholar. She is a member of the National Dance Education Organization (NDEO). She is the author of History of Dance and coauthor of Teaching Beginning Ballet Technique. Kassing is an acquisitions editor at Human Kinetics.