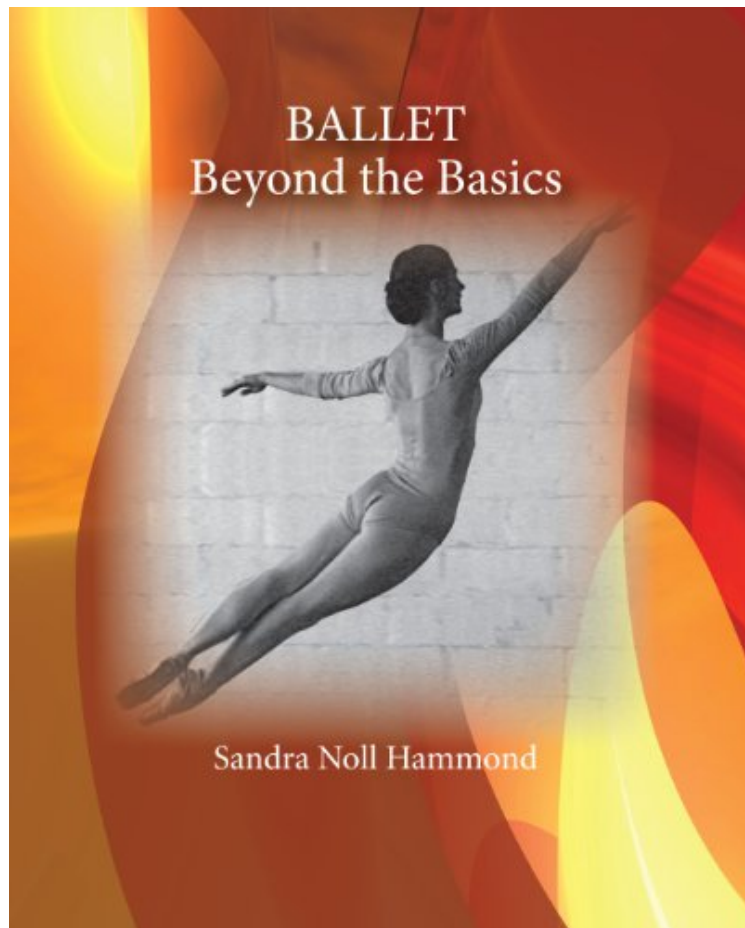


## Ballet: Beyond the Basics

*Sandra Noll Hammond*

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**Sandra Noll Hammond : Ballet: Beyond the Basics** before purchasing it in order to gauge whether or not it would be worth my time, and all praised Ballet: Beyond the Basics:

2 of 2 people found the following review helpful. Really well written illustratedBy MichelleI am now 32 and started ballet about 3 years ago (currently in Cecchetti grade 5). I've struggled to find a book that is beyond the basic "what is a plie?" but equally not so advanced that crucial execution details are omitted. This book is an excellent balance. Although not all movements are depicted, the book successfully picked out all the movements I've been wondering about. Little tips are given for each movement as to where you are likely to execute incorrectly. I really am happy with my purchase.0 of 0 people found the following review helpful. HelpfulBy pokey7I needed this book for a class and it explains everything so clearly and easily. It even has diagrams on how to do certain movements. Great book for anybody studying ballet.0 of 0 people found the following review helpful. Ballet: Beyond the BasicsBy NJHThis book is a good ballet textbook and follow-up to a previous book - "Ballet Basics" by Sandra Noll Hammond. I would recommend both of these book to students and instructors.

The clear writing style, vivid analogies, and illustrations that show movement come alive are among many features that make *Ballet: Beyond the Basics* a proven, indispensable guide. The rich historical tradition of ballet is foundational to Hammond's approach to helping intermediate ballet students—those who are familiar with basic ballet terminology, understand correct body placement, and can easily perform elementary techniques—expand their technical development and artistic growth. Although written to encourage students and teachers who deal with the most challenging phase of ballet training, experienced dancers seeking to refresh their knowledge and enhance their level of achievement can benefit from Hammond's reliable, timeless advice.