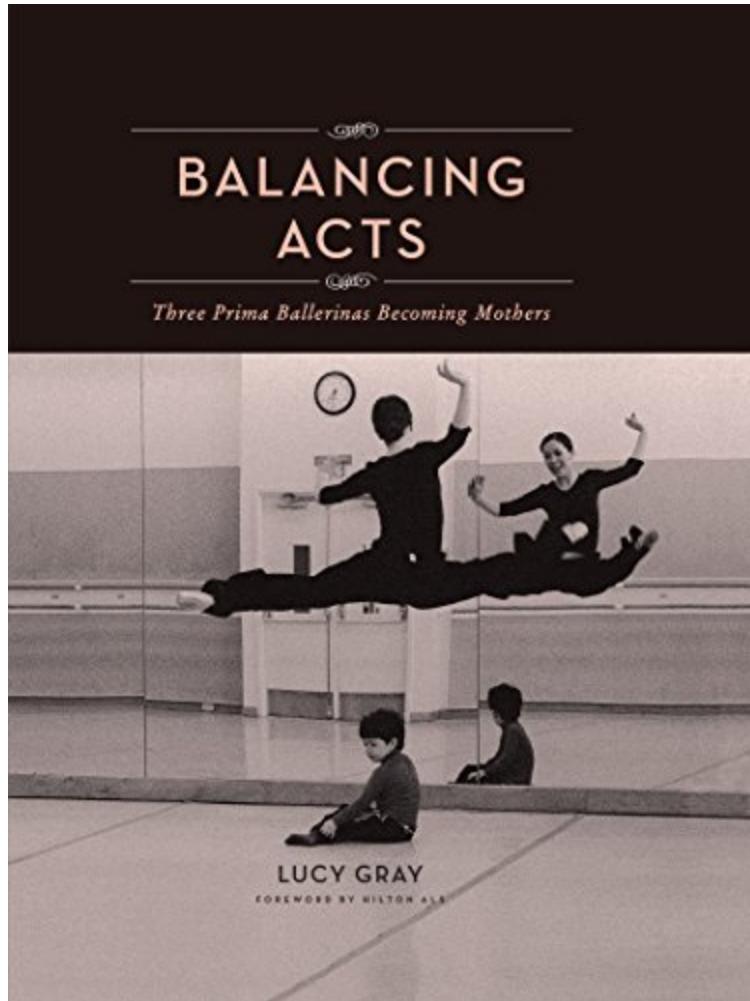


(Ebook free) Balancing Acts: Three Prima Ballerinas Becoming Mothers

Balancing Acts: Three Prima Ballerinas Becoming Mothers

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From Princeton Architectural Press : Balancing Acts: Three Prima Ballerinas Becoming Mothers before purchasing it in order to gage whether or not it would be worth my time, and all praised Balancing Acts: Three Prima Ballerinas Becoming Mothers:

3 of 3 people found the following review helpful. This is an amazing book. ActuallyBy SandyThis is an amazing book. Actually, I was a little disappointed by the pictures. I think the cover photo took my breath away and sold me. I wanted more of exhilaration of watching dance and family intertwined so dramatically. However, the photos focus on exploring private, more ruminative, moments -- the dressing room after a show, for instance. However, what I didn't see coming, and value profoundly, are the personal statements provided from the mothers, and their husbands. Remarkably, these statements speak frankly about the challenges of making ends meet, of finding happiness and contentment in one's relationships, of dealing with stress in one's career, of sharing ones home with little people. Truly, the honesty in this book blew me away.4 of 4 people found the following review helpful. Five StarsBy M. A.

WindExcellent read0 of 0 people found the following review helpful. Feel like I know these women personallyBy Ballet LoverFeel like I know these women personally. Actually, I have met all three and was a great fan when they were still dancing. Fun to see the photos of the kids growing up!

There are few jobs more rarefied or as physically and mentally demanding as prima ballerina. And yet, despite very real professional risks, three dancers from the world-class San Francisco Ballet all decided to have children at the pinnacle of their careers. In *Balancing Acts*, photographer Lucy Gray takes readers on an unforgettable fourteen-year journey with these ballerinas, capturing their remarkable grit and determination. In dramatic black-and white photography, Gray documents their struggles to balance the demands of family and work; from their tireless preparation in rehearsals and dazzling mastery of craft displayed on stage, to their time spent relaxing at home with family and even while giving birth. In extensive interviews the dancers and their husbands discuss their stories with great candor, providing remarkable insight into the life of a ballerina and the everyday challenges and joys of mothers everywhere.

"A fascinating glimpse of the ordinary amidst the extraordinary." - *Photographer's Forum*"We love this stunning collection of black and whites because it's so much more than a tribute to three amazing women-it's a model and emblem of hope for every woman who still believes they have a choice to make between success and motherhood. If there is one thing *Balancing Acts* teaches us, it's that the two often go hand-in-hand." - *Bust.com*"Stunning... Gray's ambitious project (all in all, a fourteen year study) succeeded in lending a sense of universality to a deeply specific subject, proving the possibility of thriving simultaneously in one's career and in motherhood. The message is timely, important, and could not have been expressed with more poignancy than in this striking book." - *Elle.com*"In shimmering black-and-white, the photographs offer a rare behind-the-scenes look at the lives of professional dancers: they depict them not as impossibly graceful pirouetting fairy princesses, as they might appear on stage, but as fully human, responsible for changing diapers like the rest of us." - *FastCompany.com*"In *Balancing Acts*, Lucy Gray follows three ballerinas over the course of 14 years, as they raise their children while continuing to flourish in their demanding careers. The book is much more than a sentimental celebration. With its intimate photos and illuminating captions, *Balancing Acts* brings the reader into the nitty-gritty of the ballet world, in which, since the reign of choreographer George Balanchine, female dancers in America have feared that giving birth would end their performing lives." - *San Francisco Chronicle*"Full of beautiful, touching and crazy adorable images." - *DanceSpirit.com*"From ballet studios and stages to living rooms and delivery rooms, *Balancing Acts* is an unforgettable visual celebration of family, perseverance, and grace." - *Goodreads*"Beautiful." - *San Jose Mercury News*
About the AuthorLucy Gray is an award-winning photographer whose work has been featured in numerous publications, including the *New York Times*, the *Independent*, *Mother Jones*, *Dance Magazine*, and *Salon.com*, as well as in exhibitions and projects across the United States