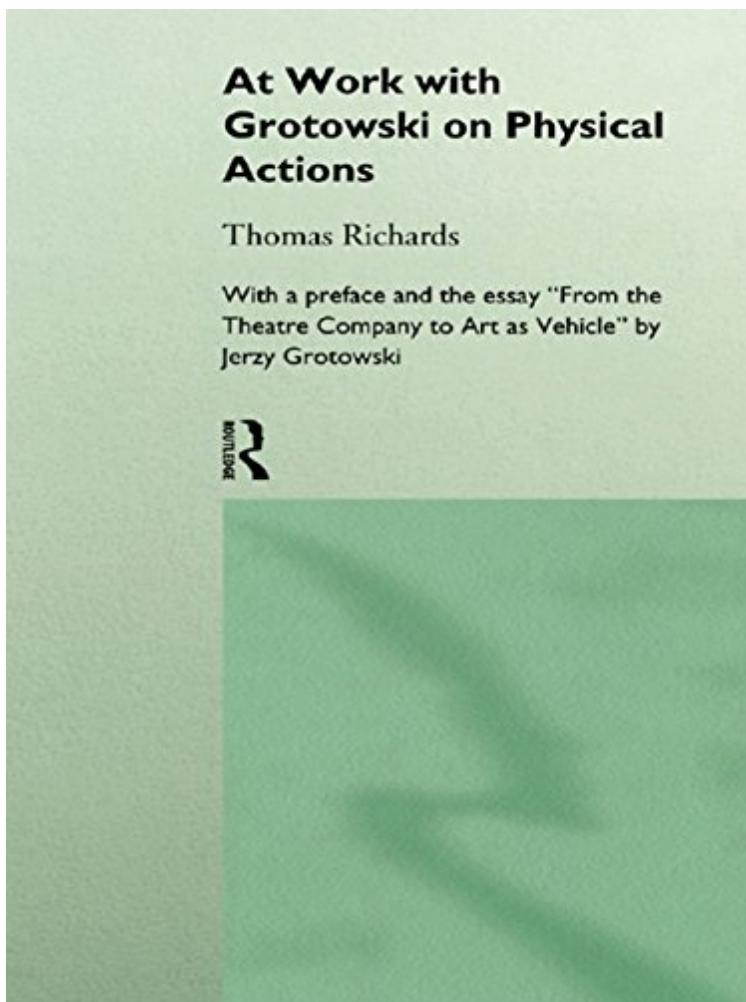


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At Work with Grotowski on Physical Actions

Thomas Richards

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Thomas Richards : At Work with Grotowski on Physical Actions before purchasing it in order to gage whether or not it would be worth my time, and all praised At Work with Grotowski on Physical Actions:

0 of 0 people found the following review helpful. Me encanto; By Antonio RojasSoy actor y me gusto; mucho el encuentro entre el autor y el Maestro. Ese modo lento de comprenderse a uno mejor. 4 of 5 people found the following review helpful. Good food for thought - could use a little saltBy Johanna MacDonaldFor anyone interested in getting more information on Grotowski, this is of course a must-read, although occasionally the humility with which Richards infuses his prose borders on making it a must-slog-through. In a way, it's appealing that Richards tends to describe only his own work - only the things that he himself did, but I tend to find the descriptions fuzzy. I often felt the descriptions of exercises or actions were not concrete enough for me to imagine them; this is by no means a practical handbook. Having said that, it is an excellent read for probably every serious actor, who will recognize in Richards' frank account their own mistakes, frustration over lack of discipline, and impatient desires to be brilliant.

Definitely inspiring, occasionally repetitive or unclear. 2 of 2 people found the following review helpful. Grotowski expansion on StanislavskyBy R. WaldenWhoever said anything about "The Method" should realize Grotowski has nothing to do with Lee Strasberg. Grotowski has picked up at the end of Stanislavski's work, which only stopped evolving because of his death, and Jerzy Grotowski has expanded on those ideas and brought new meaning to physical actions. Thomas Richards explanations of how Grotowski and the Laboratory Theatre's work taught actors like himself to embrace physical actions in a powerful, intense way is truly inspiring. This book is a must read, particularly in conjunction with "Towards a Poor Theatre" by Grotowski for any person working in modern theatre.

'I consider this book a precious report that permits one to assimilate some of those simple and basic principles which the self-taught at times come to know, yet only after years of groping and errors. The book furnishes information regarding discoveries which the actor can understand in practice, without having to start each time from zero. Thomas Richards has worked with me systematically since 1985. Today he is my essential collaborator in the research dedicated to Art as Vehicle.' - from the Preface by Jerzy Grotowski

'This book is extremely concise and makes the work of Grotowski something students understand.' - Jane Hanna, Roehampton Institute, UK 'An essential text for anyone interested in the work of Polish theatre-maker and teacher Jerzy Grotowski.' - Total TheatreLanguage NotesText: English (translation) Original Language: ItalianFrom the Back CoverPublished here in English for the first time, *At Work With Grotowski On Physical Actions* is a compelling insider's view of the more recent work of one of the central figures of twentieth-century theatre. It will be compulsive and inspiring reading for every student of acting, and for anyone interested in the history of the theatre.