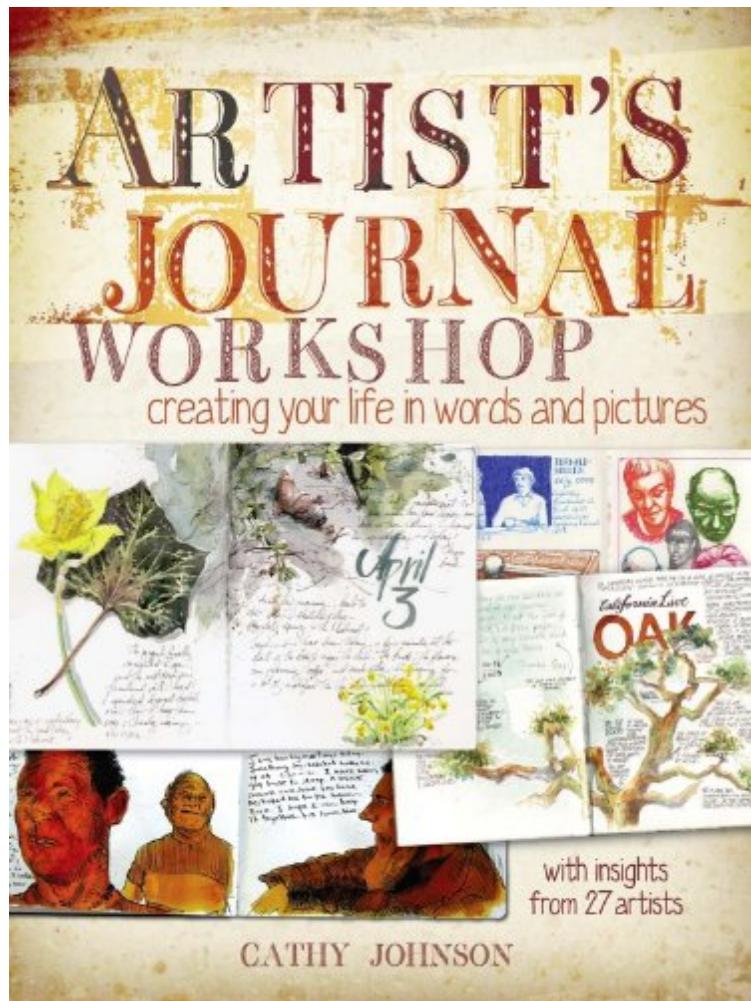


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Artist's Journal Workshop: Creating Your Life in Words and Pictures

Cathy Johnson
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Cathy Johnson : Artist's Journal Workshop: Creating Your Life in Words and Pictures before purchasing it in order to gage whether or not it would be worth my time, and all praised Artist's Journal Workshop: Creating Your Life in Words and Pictures:

77 of 79 people found the following review helpful. great for anyone who wants to keep create any kind of art journal!!!By MJBThis book gives any journal keeper or wanna be journal keeper some great ideas to help inspire you or figure out exactly what you want to do with your sketchbook journals. The book includes suggestions for travel journaling, daily journaling, nature journaling, spiritual etc and not just samples of what others have done, but questions for the reader to explore and think about to help develop individual journaling that means something to you. I especially love the "Try This" exercises the author included in each chapter such as "describe your day," "abstract the

scene," "travel-record the details," "sketch family mementos," "map family moves" and lots of other fun ideas to explore. While showing some useful, beautiful and inspirational examples of ways other experienced and talented artists have kept journals, Ms. Johnson's book expands on the examples and gives tips for developing content as well as some guidance on materials that are easy to use and portable. She presents things very simply for beginners, in a completely non-intimidating way. However, those who have some art experience will appreciate the fact that she didn't over do the "how to paint with watercolors" section, but rather includes a discussion on how to use a variety of materials that work together and are easy just to throw in your purse or art bag. I haven't ever used colored pencils or acrylics because they seem too complicated of a medium to work properly for me, but after reading her suggestions I may experiment with some of these other mediums for fun in small sketches in my journal. Ms. Johnson's book is easy for anyone at any level to use, skim it for ideas or read it cover to cover. It's a beautiful book and one that is clearly going to be a new classic on the topic of sketchbook journaling. Others I highly recommend are any of the Danny Gregory books, *Everyday Matters*, *The Creative License*, and *An Illustrated Life*; *The Decorated Journal* by Gwen Diehn; *Keeping a Nature Journal* by Clare Walker Leslie and Charles Roth. Also recommend DVD *Beginning Watercolor Journaling* by Gay Kraeger and Christina Lopp. *Drawing from Life, the Journal as Art* by Jennifer New has some interesting examples of how a variety of journal keepers approach and keep a journal. Highly recommend the Urbansketchers website and blog, [...] for excellent examples of art journaling from all corners of the world. Cathy Johnson is one of my favorite contributors to that website. 6 of 6 people found the following review helpful. Great book for watercolor and sketch artists

By H. Kittleman

If you are into watercolor painting of various types (paint, crayons, pencils, etc.) and/or into sketching, and you want to combine recording your life in some way (e.g. your thoughts, travel, hobbies, etc) with these art mediums, then this book is for you. It literally is about combining regular journaling with watercolor and/or sketching to illustrate what you write about. It's a beautiful and easy to read and flip-through book that will encourage and inspire you with prompt ideas, subject ideas, exercise ideas, and tons of photos of sample journal pages. In general, the prompts and exercise ideas could potentially benefit a variety of art journalers in general. Art journaling comes in a lot of different forms, and for me, my preferred form is doing a variety of mixed media techniques to just play and exercise my creativity. I'm looking for books for art journaling along those lines, so this book was not for me. 4 of 4 people found the following review helpful. Well thought-out, well done

By QuinnCreative

A great book to get you kick started into sketching and writing, even if sketching isn't your top talent and you are unsure what to write. There are beautiful examples, encouragement, samples. There are ideas, topics, and suggestions. It's a great inspiration book that can make you drool with delight and jump into the ideas your imagination begins to spin out. Good for every level of art journaling; a must-have for beginners are those with "beginner's mind."

Discover the Joy of Art Journaling

An artist's journal is a powerful creative tool, offering you a safe place to experiment, explore, consider and improve. Artist's Journal Workshop provides all the guidance, structure and inspiration you need to create a meaningful art-journaling practice. Starting with the question, "What do you want from your journal?" you'll build a sound journaling concept that will serve your unique creative needs and give you the freedom to practice, play and develop as an artist. Featuring rich visual examples on every page, you'll receive continual guidance and inspiration from: 27 international artists who share pages and advice from their own art journals. More than 25 hands-on exercises to help you personalize your journal while developing new ideas and techniques

Journal pages featuring travel sketching, nature studies and celebrations of daily life

Prompts for visually commemorating life events and milestones

Support for working through creative doubts and blocks

A range of artistic styles and perspectives to study and admire

Instruction for trying your hand at new methods and materials

This is the perfect opportunity for you to begin realizing your artistic potential - one page at a time. Begin the journey today!

Instruction. Inspiration.