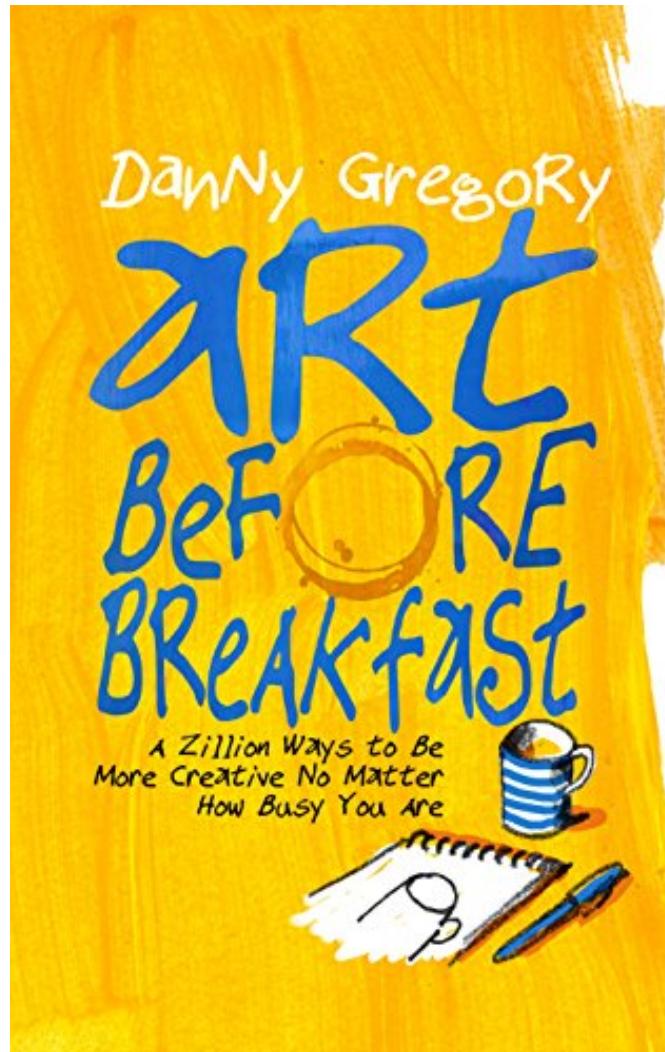


# Art Before Breakfast: A Zillion Ways to be More Creative No Matter How Busy You Are

Danny Gregory

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**Danny Gregory : Art Before Breakfast: A Zillion Ways to be More Creative No Matter How Busy You Are** before purchasing it in order to gauge whether or not it would be worth my time, and all praised Art Before Breakfast: A Zillion Ways to be More Creative No Matter How Busy You Are:

121 of 123 people found the following review helpful. Gets your pens and pencils movingBy Parka[[VIDEOID:50bb5185691e0cbde7e35b073ecfd023]]I like Danny Gregory's books on sketching. They are always lively and inspiring. I've every single one of them since his first book on drawing, The Creative License. In some ways, Art Before Breakfast feels like a sequel to that. Art Before Breakfast is a book on drawing with lots of ideas on what you can draw, a few techniques you can try out and suggestions on where you can find time to sneak in

a drawing or two on your sketchbook. The tone is enthusiastic and motivating. The example drawings are accessible and fun. Nothing too daunting and the challenge is to move your pen. This is also a book on the virtues of drawing and Danny Gregory has included many of his personal thoughts on drawing that are bound to inspire. This book works great as one you can pick up from time to time, flip to a random page to read and recharge your creative cells, and to find something to draw. I like the tips on random techniques, such as mixing media, and there are different ways on how you can approach your drawings, using reference, creating themes, silencing your inner critic and more. Those who already know the basics of drawing, observational drawing, will get most out of the book. There are some introductory drawing lessons though, such as contour drawing, spotting negative space and using measurements. I feel that if you're a beginner who knows nothing about drawing, those introductory lessons may or may not be enough for you because they are rather brief. So if you're looking for a book to learn how to draw, this is not the appropriate book. This is a what-to-draw book. Just like other books by Danny Gregory, I enjoy this book and would like to recommend it to anyone looking for inspiration and motivation to draw. By the way, there's no such thing as having enough books on inspiration. Check out the following books too: *Playing with Sketches*, *Freehand: Sketching Tips and Tricks Drawn from Art*, *Just Draw It! Keys to Drawing with Imagination*, *Sketch!: The Non-Artist's Guide to Inspiration, Technique, and Drawing Daily Life* (See more pictures of the book on my blog. Just visit my profile for the link.)

55 of 55 people found the following review helpful. I call my sketchbooks *My Daily Valium*. By M. M. Hughes Danny Gregory has brought the fun of being an artist back to my life. His books and lessons have inspired me to incorporate sketching in all my classes. I tell my students (adults) that my main goal for them is to learn to love their creative spirit and let it rise above self-judgement and become a passion. The only way for that to happen, for myself and hopefully them, is daily sketching. Not great drawing, not long philosophical discussions on art, but every day sketching. Make it fun, make it silly, but do it. I only hope to continue to be as inspiring as Danny Gregory continues to be. I love all of his books, and this one is icing on the cake. I particularly like how he breaks down some seemingly complex rules and has he says helps us "avoid four years of art school in one day." Not that there is anything wrong with art school, and I wish I had listened more then, but my focus was learning how to make a living, so now i am finally learning how to see, draw and enjoy. Another critical benefit of keeping a sketchbook for me is being able to look back and really remember what I was seeing or experiencing at the time. When I look at the 6000 photos of my dogs being cute or sleeping, I go - aww. When I look at a sketch I did of my dogs doing something cute, sleeping by the fire, or watching me sketch, I remember the weather, the time of day and the emotion I felt at the time. It cements the memory in my mind. Needless to say, I love this book so much I bought two (one for my sketching buddy who never buys books!).

11 of 11 people found the following review helpful. So Happy It Finally Arrived! By Lenore H. Like many others, I also pre-ordered this book months ago because I have enjoyed all of Danny's books and knew this one would not disappoint. I have even given copies of his books (*The Creative License*, for example) to family and friends as gifts. He has a warm, conversational style - like chatting with a friend over a cup of tea (or a beer, depending on your preference). Danny's philosophy regarding creativity makes drawing very accessible to beginners but also offers a fresh approach to more seasoned artists. If you are looking for a book to provide specific drawing techniques, then this may not be the book for you. BUT, before you take it out of your cart, I would suggest you take a second look. His approach is to offer the inspiration and encouragement to help you develop your own style without being tied to rigid techniques that can leave you feeling overwhelmed, creatively dry and frustrated. The bottom line: it is a wonderful way to start an amazing creative habit that you can fit into any busy life. Try it and you will be amazed at how you will see the world differently!

Packed with the signature can-do attitude that makes beloved artist Danny Gregory a creativity guru to thousands across the globe, this unique guide serves up a hearty helping of inspiration. For aspiring artists who want to draw and paint but just can't seem to find time in the day, Gregory offers 5ndash; to 10ndash;minute exercises for every skill level that fit into any schedulemdash;whether on a plane, in a meeting, or at the breakfast tablemdash;along with practical instruction on techniques and materials, plus strategies for making work that's exciting, unintimidating, and fulfilling. Filled with Gregory's encouraging words and motivating illustrations, *Art Before Breakfast* teaches readers how to develop a creative habit and lead a richer life through making art.

"For all who want to develop their creativity but just can never seem to find the time, this guide is here to help. Written in an engaging, encouraging voice, the book supplies project ideas that take no more than a quarter hour a day to execute. The author suggests that the reader grab five, ten, or 15 minutes in the morning to draw and that they do this every day until it becomes an ingrained habit. Full of humor and empathy, the book offers advice about just how to carve out that precious time and how to banish self-doubt that can undermine one's best intentions." - Library Journal

About the Author Danny Gregory's blog, *Everyday Matters*, is visited regularly by tens of thousands of people from around the world. He lives in New York.