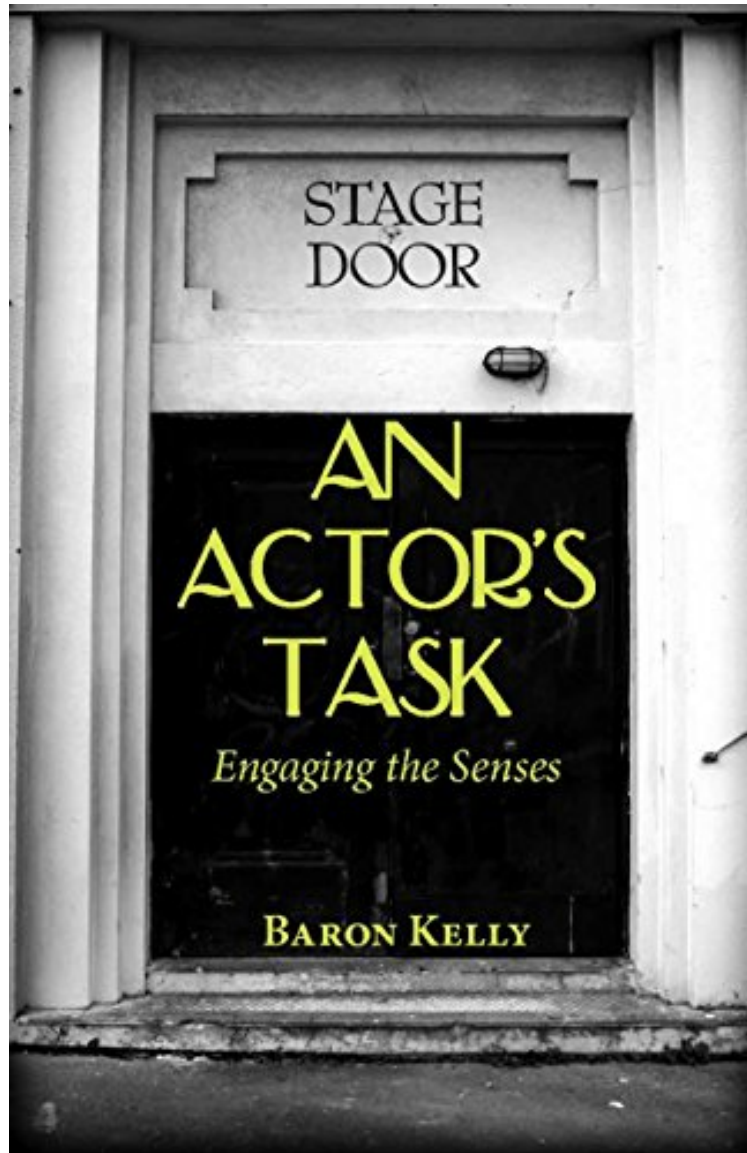


(Download ebook) An Actor's Task: Engaging the Senses

## An Actor's Task: Engaging the Senses

*Baron Kelly*

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**Baron Kelly : An Actor's Task: Engaging the Senses** before purchasing it in order to gage whether or not it would be worth my time, and all praised An Actor's Task: Engaging the Senses:

0 of 0 people found the following review helpful. Engaging, eloquent and manages the complexities of acting ...  
Baron's book is a real gemBy Jess PI first came across Dr Baron Kelly's 'An Actor's Task: Engaging the Senses' in my acting school's library, and I have found the book such a valuable resource whilst studying on my MA that I have since purchased my own copy and have highlighted, scribbled in the margins and post-it tabbed the entire book! From what I have researched and come across throughout my studies this year, finding books and resources that directly relate to

and focus on the senses specifically, in such a clear and concise approach is very hard to come by (believe me, I've looked a lot!). The attention that Baron pays to the senses in this work is really important. So much of our world is understood through our sensory receptors, and Baron's time and attention spent on exploring how the senses play a part in informing our bodies and our imaginary reality as actors is incredibly helpful. The psycho-physical approach to acting and character that is explored in the book has been a real supporting resource to my training (which is of a similar vein) as an actor at the Royal Central School of Speech and Drama in London. The book encourages a hands-on approach through a variety of physical and sensory exercises-- a combination of exercises that are both fresh and re-imagined, and also includes good reminders of fundamental disciplines rooted in approaches to acting by Chekhov and Stanislavsky. These exercises are clearly defined by chapter throughout the book, which is something not to be underestimated having worked on these exercises alone, and when in small groups with other actors. Perhaps above all else, this book is accessible--it's engaging, it's eloquent and it manages the complexities of acting in a manner that is possible to make sense of. Baron's book is a real gem.

1 of 1 people found the following review helpful. An Actor's Task is an indispensable book that liberates the ...By nikstagedocAn Actor's Task is an indispensable book that liberates the actor to claim the power of his/her/their body as a malleable instrument. The repetition and revision of exercises from master teachers coupled with exciting new approaches to acting preparation enliven the actor to the depth of sensory engagement. Kelly situates himself as an innovative and provocative teacher of acting. The book is accessible, vibrant, and alive with possibility. A new classic...

An Actor's Task provides a framework for studying the dual arts of acting: inhabiting a character both physically and psychologically. Actors at all levels can use this book to explore, develop, and review the sensory tools and training that enable them to be the best versions of themselves and, ultimately, to bring that understanding of "self" to their art. Innovative new exercises and selected classics--updated for today's students--comprise more than 100 exercises. Introductions to each exercise explain its aims and benefits. Clear step-by-step prompts provide guidance. Debriefing sections engage actors in reflection on what they have experienced and learned. This inspired text is equally suited to classroom use and individual study.

"Through a series of engaging exercises, this book filters out the complexities of various acting techniques and offers up an appealing hands-on approach." --Tonya Pinkins, Tony Award-winning actress