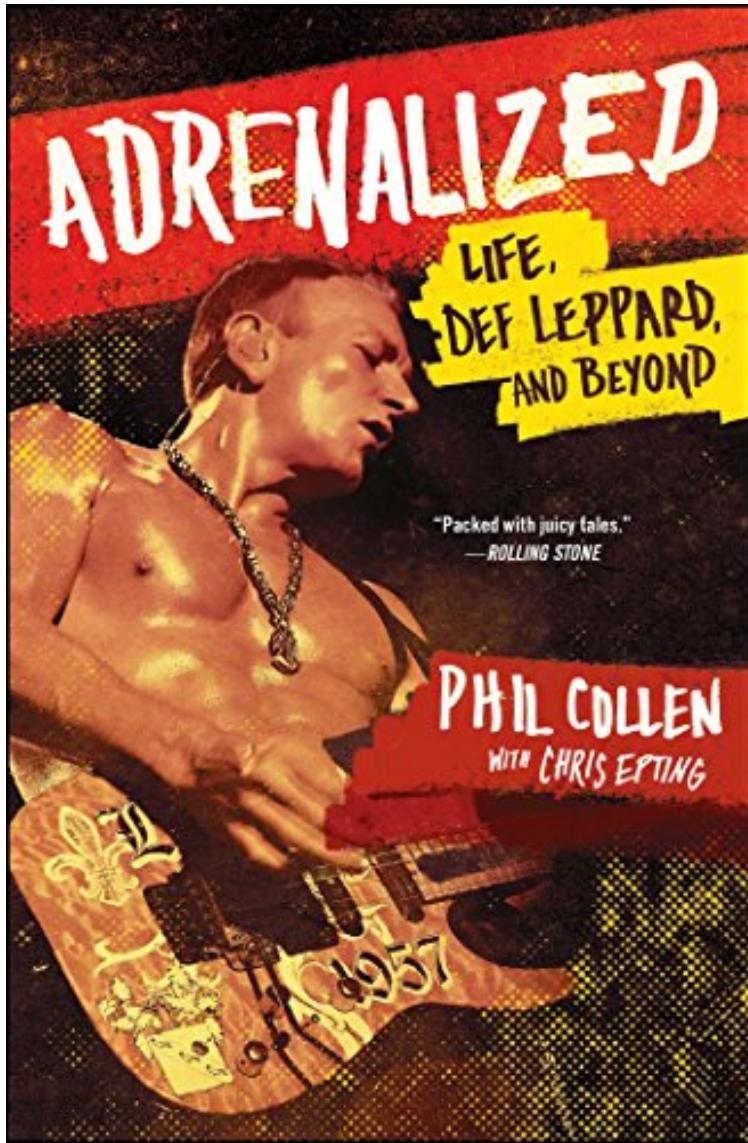


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Adrenalized: Life, Def Leppard, and Beyond

Phil Collen

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Phil Collen : Adrenalized: Life, Def Leppard, and Beyond before purchasing it in order to gage whether or not it would be worth my time, and all praised Adrenalized: Life, Def Leppard, and Beyond:

3 of 3 people found the following review helpful. My adrenaline needs more pumping!By ChicagogirlAlthough I am a huge fan and know a good deal about the lovely Leps I was hoping for more fromPhil. It was an all around interesting read, but was left wanting the details to be more in-depth. I didn't need anydrama or juicy details but felt that Phil was holding back. Nonetheless I would recommend it for any Lep fan for a glimpse into Mr. Collen's life pre and post Hysteria!1 of 1 people found the following review helpful. A Rock Star Wiki PageBy LVT06Love Def Leppard too

much, which is why this first bio from a band-member is so disappointing. Collen deserves credit for avoiding the tired old groupies, coke and band drama tropes of his fellow 80s rockers' books. But he missed out in sharing the meaningful anecdotes and new revelations that fans crave. There's minimal description of the artistic and technical details of the albums and songs. He zips through much of Def Lep's 30-year run offering few insights into what keeps the gang together and drives them to stay in the game. This is essentially a glammed up Wiki entry. 2 of 2 people found the following review helpful. This autobiography will leave you high and dry. By Jose A Tadeo This is one of the driest biographies I have read. There is no passion or enthusiasm to most of the book. It reads like a list of events that were perfunctorily put together. There are no insights. After wasting your time with this book, fans won't know much more about Phil Collen or Def Leppard that they haven't read in magazines over the years.

A revelatory, redemptive, and "wild...juicy" (Rolling Stone) memoir from the lead guitarist of the legendary hard rock band Def Leppard—the first ever written by one of its members—chronicling the band's extraordinary rise to superstardom and how they maintained it for three decades. Meet Phil Collen. You may know him as the lead guitarist in Def Leppard, whose signature song "Pour Some Sugar on Me" is still as widely enjoyed as when it debuted in 1988. Maybe you've heard of him as the rock star that gave up alcohol and meat more than twenty-five years ago. Most likely you've seen him shirtless—in photos or in real life—flaunting his impeccably toned body to appreciative female fans. But it wasn't always like this. Collen worked his way up from nothing, teaching himself guitar from scratch and slogging it out in London-based pub bands for years; that is, until Def Leppard formed and transformed from unknowns to icons, from playing openers in near-empty arenas to headlining in those same stadiums and selling them out every night. But as Collen discovered, true overnight success is a myth. Like the other band members, he had to struggle and fight his way to the top; in the end, he says, "our work ethic saved us." Just as it still does. *Adrenalized* is an amazing underdog tale featuring a bunch of ordinary working-class lads who rose to mega-stardom, overcoming incredible obstacles—such as drummer Rick Allen losing an arm in a car crash and the tragic death of guitarist Steve Clark, Phil's musical soul mate. Featuring personal, never-before-seen photos of Collen and his band mates on stage and off, *Adrenalized* is a fascinating account of the failures, triumphs, challenges, and rock-solid dedication it takes to make dreams come true.

About the Author Phil Collen is the lead guitarist of the legendary rock band Def Leppard. He has been a vegetarian for thirty-one years, alcohol-free for twenty-eight years, and vegan for over four years, busting the myth of the classic rock star stereotype.