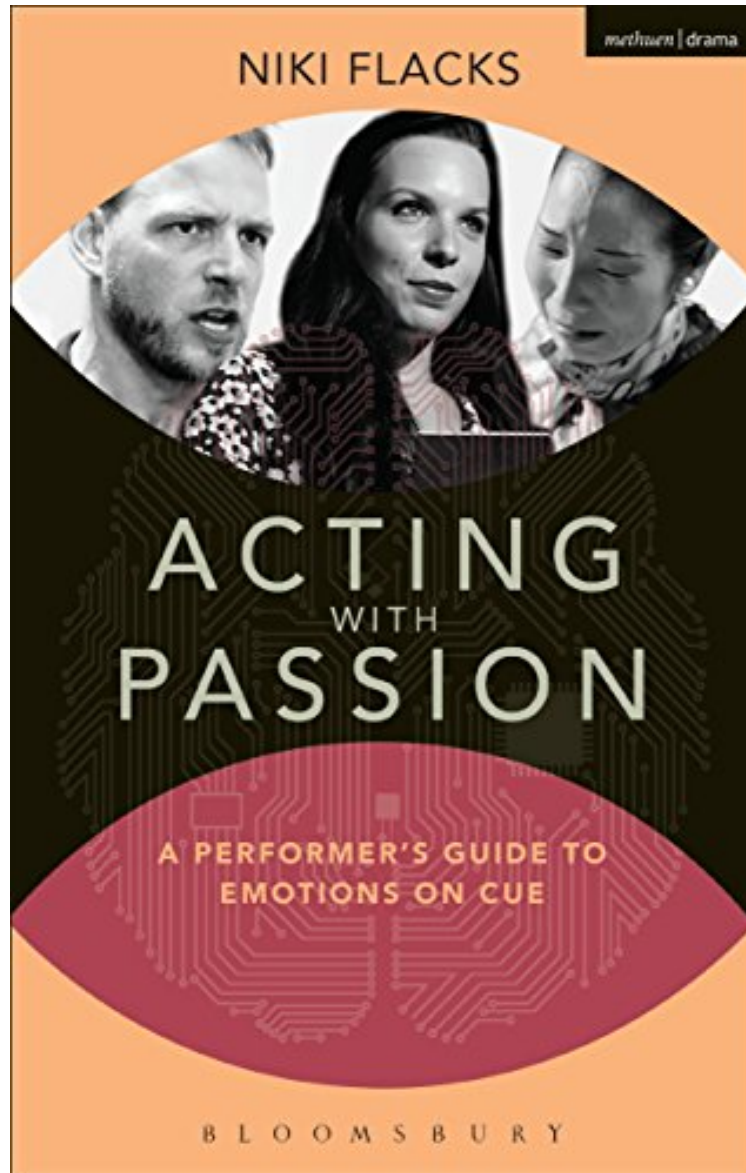


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Acting with Passion: A Performer's Guide to Emotions on Cue (Performance Books)

Niki Flacks

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Based on the latest research from the fields of neuroscience and mind-body psychology, *Acting With Passion* offers a revolutionary new approach to the age-old problems of the actor: dealing with nerves, engaging the body, quieting the inner critic, auditioning, creating a character, and even playing comedy. With this step-by-step guide, actors who have struggled with 'visualization' and 'emotional recall' can learn an alternative method of accessing feelings through the release of chronic, subtle muscular tensions that connect into the brain at lightning fast speed and can actually produce emotions on cue. Written with verve and accessibility, and using practical exercises to guide the actor through each stage, *Acting With Passion* is the must-have text for actors seeking that magical 'state of aliveness'.

ldquo;A frighteningly simple super-highway into an actor's well of creativity and passion.rdquo; Stephen Beckett, actorldquo;Whilst I personally resist her demonizing of intellect, that caveat is outweighed by the delightful mix of inspired pragmatism and no-nonsense speculation in Niki Flacks' book that will not only be solidly useful for any actor, but will stimulate that voracious curiosity which is the lifeblood of a fulfilling life in our business.rdquo; Mark Wing-Davey, Chair, Graduate Acting Program, Tisch School of the Arts, NYUldquo;Acting with Passion offers a wonderful invitation to enter the exhilarating world of Niki Flacks' acting workshops dropping in for useful exercises, profound insights and experienced advice on the craft of acting.rdquo; Niamh Dowling, Head of School, Rose Bruford College, UKAbout the AuthorNiki Flacks is a director, actor, teacher and psychologist. A frequent tutor at the Actors Centre in London, she leads popular workshops in New York, Paris, Berlin and Tel Aviv. Visit her at www.nikiflacks.com