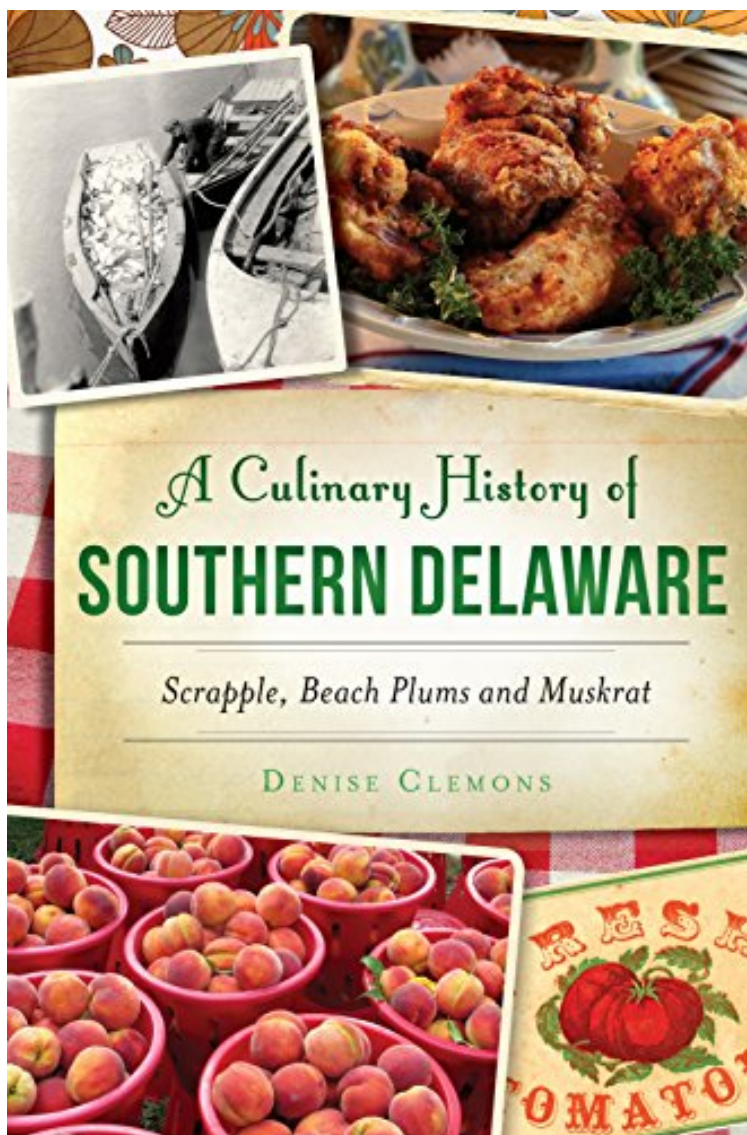


[Download] A Culinary History of Southern Delaware: Scrapple, Beach Plums and Muskrat (American Palate)

A Culinary History of Southern Delaware: Scrapple, Beach Plums and Muskrat (American Palate)

Denise Clemons

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Denise Clemons : A Culinary History of Southern Delaware: Scrapple, Beach Plums and Muskrat (American Palate) before purchasing it in order to gauge whether or not it would be worth my time, and all praised A Culinary History of Southern Delaware: Scrapple, Beach Plums and Muskrat (American Palate):

0 of 0 people found the following review helpful. ' My daughter-in-law is a wonderful chef. I'm giving it to her for a ...By Rev. John A. GilmoreWe live in 'Southern Delaware.' My daughter-in-law is a wonderful chef. I'm giving it to

her for a Christmas gift.

Historic farms and waterways crisscross Southern Delaware, connecting its residents to a set of rich culinary traditions. The original Nanticoke inhabitants baked hearty johnnycakes and hunted wild game. Hungry for a taste of home, German settlers developed scrapple from local ingredients. Today's home cooks and chefs draw their bounty from the land and sea for a distinct, seasonal cuisine. Summer strawberries and peaches from local farms and orchards become delectable preserves thanks to treasured family recipes. Come springtime, succulent blue crab reigns supreme. With recipes for regional favorites like beach plum jelly and chicken with slippery dumplings, author Denise Clemons explores the history behind the ingredients and savors the story in every dish.

About the AuthorDenise Clemons has written "Cape Flavors," a weekly food column for the home cook in the Cape Gazette since 2005. She offers nutrition workshops, cooking demonstrations and presentations on topics related to food and history. Clemons earned an MA in writing from Johns Hopkins University. She serves on the boards of a number of non-profit organizations, including the Daughters of the American Revolution and the Eastern Shore Writers Association. She and her husband Jack live in Lewes, Delaware.