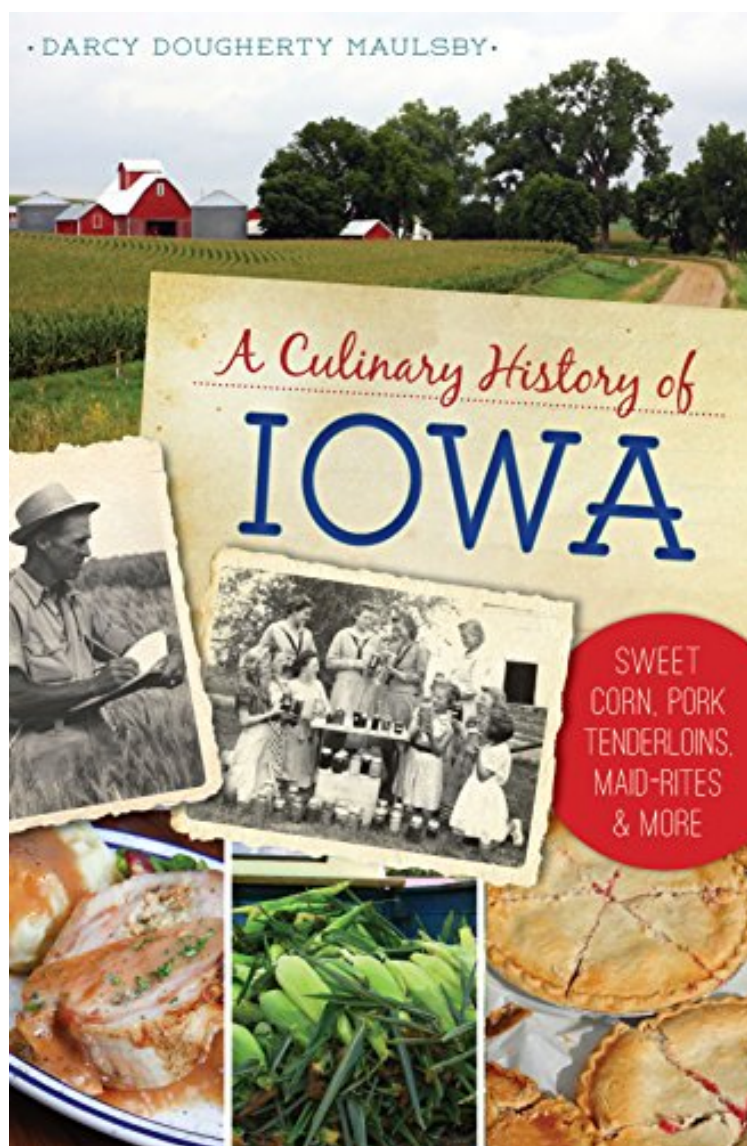


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## A Culinary History of Iowa: Sweet Corn, Pork Tenderloins, Maid-Rites More (American Palate)

*Darcy Dougherty Maulsby*

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**Darcy Dougherty Maulsby : A Culinary History of Iowa: Sweet Corn, Pork Tenderloins, Maid-Rites More (American Palate)** before purchasing it in order to gage whether or not it would be worth my time, and all praised A Culinary History of Iowa: Sweet Corn, Pork Tenderloins, Maid-Rites More (American Palate):

0 of 0 people found the following review helpful. Iowa cooking, history and travel.By 63 hawkeyeI really enjoyed this

book. It is a bit of Iowa history, cooking, and also a travelogue of places to visit in Iowa. One can just pick it up, open it up to any page and enjoy a 2 or 3 page discussion of Iowa people and places and the particular food that they might have brought from their native land. So far, I have ordered more copies to give away to a friend and one son0 of 0 people found the following review helpful. Delightful and DeliciousBy JoyNealKidneyWhat a fun and mouth-watering way to soak up some local history, along with why we Iowans eat the things we do. Darcy Maulsby discusses they whys and hows of Iowa foods from our Native Americans and Lewis and Clark to Iowa State University and Dr. Norman Borlaug. She mentions so many local favorites from Jolly Time Popcorn to Younkers Tea Room recipes (chicken salad and my favorite Rarebit Burgers), and immigrant recipes like Czech/Bohemian Kolaches to newer ones such as Strawberry Pretzel Squares. Who knew there's even a John Wayne Casserole!1 of 1 people found the following review helpful. Iowa Food History -- well doneBy Marylyn L GillespieThis book, by a 'local author' met all my expectations and then some --- she did such an excellent job of researching the history of foods in our state and weaving it all together in a most enjoyable, readable fashion and the pictures were excellent. Particularly the one of the bowl of chili with the cinnamon roll. Just sayin'.

Iowa's delectable cuisine is quintessentially midwestern, grounded in its rich farming heritage and spiced with diverse ethnic influences. Classics like fresh sweet corn and breaded pork tenderloins are found on menus and in home kitchens across the state. At the world-famous Iowa State Fair, a dizzying array of food on a stick commands a nationwide cult following. From Maid-Rites to the moveable feast known as RAGBRAI, discover the remarkable stories behind Iowa originals. Find recipes for favorites ranging from classic Iowa ham balls and Steak de Burgo to homemade cinnamon rolls'served with chili, of course! Author Darcy Dougherty Maulsby serves up a bountiful history of tasty tradition.

About the AuthorDarcy Dougherty Maulsby is an independent marketing specialist and the author of Calhoun County with Arcadia Publishing. For more info, visit [darcymaulsby.com](http://darcymaulsby.com).