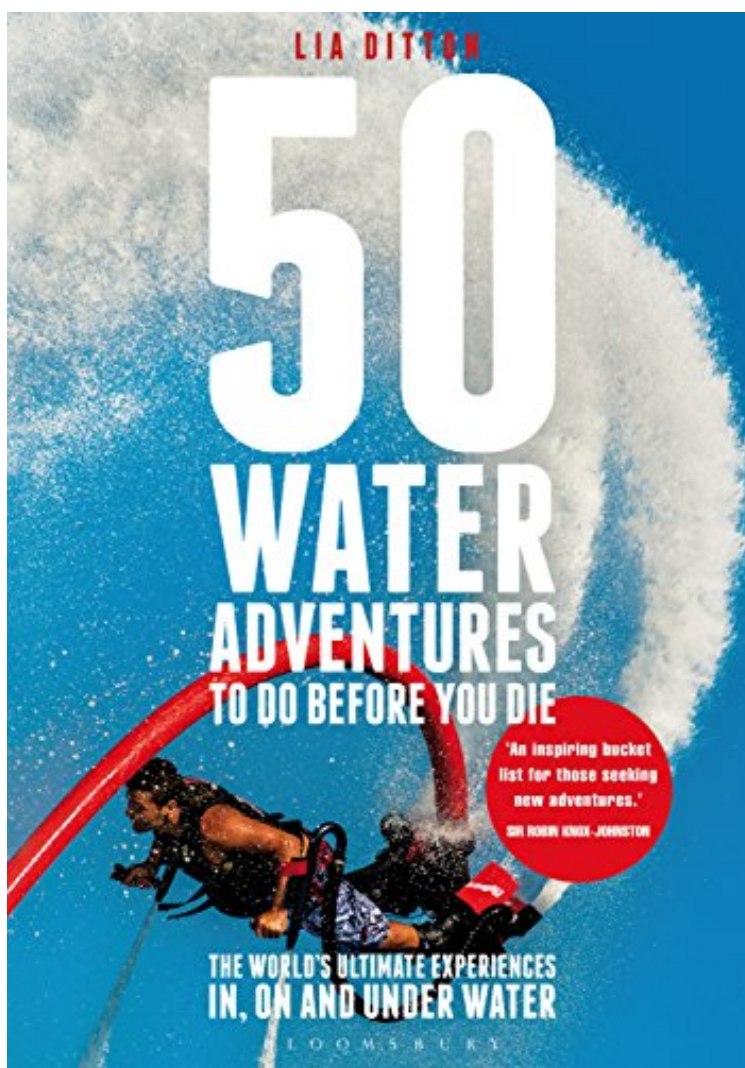


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## 50 Water Adventures To Do Before You Die: The World's Ultimate Experiences In, On And Under Water

*Lia Ditton*

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**Lia Ditton : 50 Water Adventures To Do Before You Die: The World's Ultimate Experiences In, On And Under Water** before purchasing it in order to gauge whether or not it would be worth my time, and all praised 50 Water Adventures To Do Before You Die: The World's Ultimate Experiences In, On And Under Water:

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she is a great adventurer in the ...By Brian Hancock Lia Ditton is not only a great writer - she is a great adventurer in the true spirit of things from not only sailing solo across the Atlantic but also rowing across the Atlantic, a mammoth accomplishment by any measure. In her book *50 Water Adventures to do Before You Die* she outlines some simple adventures that you can do on a small budget and has left out some of the unattainable that may be so due to cost. You don't need a lot of money to have an adventure - but you need adventure to have a lot of life so I suggest you read this wonderful book and pack your bags. You only live once. 0 of 0 people found the following review helpful. A great read, and an inspiration to get to the water By G. Treadwell This was THE book for my armchair travels last winter and I suggest it is ideal to plan your adventures for summer. Lia's descriptions of the ones I have been to were spot on, and she has inspired me to get to more. Delightfully written and beautifully illustrated, and a great gift for any adventurer, whether armchair or for real. Lia's own character as a genuine adventurer shines in this book. Yep, this is a gem.

From paddle-boarding the Mississippi to big game fishing off Mexico, from floating in the Dead Sea to swimming with jellyfish in Palau, from iceboating in Russia to sailing non-stop round the world, this book promises to inspire dreamers to become doers. Featuring experiences in every corner of the globe and accompanied by stunning photography and bite-sized practical information, this book accommodates every mood, budget, timespan and level of challenge. In amongst incredible tests of endurance lies a healthy range of more practical activities for the general reader: if inner tubing the Colorado rapids isn't quite your thing, dining in the Ithaa Undersea Restaurant in the Maldives just might be. Diverse and utterly captivating, this book is guaranteed to enthrall thrill-seekers, water lovers and armchair readers alike.

Professional sailor and adventuress Lia Ditton is the kind of person who runs the Marathon des Sables, and then rows across the Pacific. Luckily for us, she toned down her *50 Water Adventures to do Before You Die*. Among the gentler challenges are paddleboard yoga in a geothermal crater in Utah and fishing for big game off Mexico. Sailors might want to sail a leg of the Clipper Race or sail the Nile in a felucca. That leaves 46 adventures--better get going! Sailing Magazine A big part of life is about enjoying it and having fun--adding water to it makes it even better. If fun isn't fun for you unless it's also thrilling, then I recommend Lia Dutton's *50 Water Adventures to do Before You Die*, the ultimate bucket list handbook for water lovers. Boating Times Long Island and Chesapeake Bay About the Author Lia Ditton is a professional adventurer who writes about her extreme experiences. Now 33, Lia has sailed the equivalent of four laps of the globe and is the 53rd woman to row the Atlantic. A licensed captain, Lia has spent 73 days in a row naked, eaten over two years worth of freeze-dried food, gone a month without a shower and sailed a boat over 40mph. A regular contributor to outdoor magazines worldwide, Lia has been interviewed live on BBC Radio 4 and featured on CNN.